

Swim Release: Antlers, Raquette Lake

The swimming facilities at SUNY Cortland Antlers are not supervised by a lifeguard or other responsible person. In place of permanent on-site supervision, this facility has established a series of safeguards to be followed by all guests.

We are required to notify you of these rules, to ensure that water rescue equipment is at the beachside and that the swimming area is maintained in a sanitary manner. In the interest of your safety and that of your guests, we require you to follow these rules.

Please read the safety rules located at the entrance of the beach and outlined below. If you have any questions, we will be happy to discuss them with you.

- Never swim alone.
A minimum of two adults, 18 years of age or older must be present whenever this swimming facility is in use, with at least one adult on the pool deck or beachfront.
- There is no substitute for adequate supervision
Children, age 17 and under, must be accompanied to the beach by a parent, guardian, or similar adult responsible for their behavior and safety.
- In an EMERGENCY, notify the director or assistant director and contact help immediately.
A free phone is located in the Antlers office.
If calling 911 from a cellular phone, you must designate your exact address.
- Only use this beach from 7 a.m. to 8 p.m.
- Do not drink alcohol and swim.

Injury can be prevented and safety is everyone's responsibility. If you notice any problems with water quality or the absence of safety equipment, please notify us at once.

I have read and understand the swimming and safety rules at Antlers. I understand that there will be no lifeguard on duty at this facility. I will abide by the rules listed above.

Name

Signature of participant/parent/guardian

Date

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